

We Need Your Support

Please consider making a charitable contribution to Bumi Sehat Foundation. We are grateful for your partnership in this journey of service to humanity.

From the US - You may support our work by donating to our partner organization, the Sakthi Foundation, by sending a personal check or money order to:

Sakthi Foundation

1507 Lone Oak Circle
Fairfield, Iowa 52556 USA
Attn: Bumi Sehat Project

You can also donate via credit card/paypal by going to our website: www.bumisehatbali.org

From outside of the US - Please donate to us directly by transferring your contribution to our US\$ account at:

PT. Bank Negara Indonesia (BNI)

Branch: Denpasar KLN Ubud

Address: Jl. Gajah Mada No. 30

Denpasar, Bali, Indonesia

Account Name: Yayasan Bumi Sehat,

Ds. PKR Nyuh Kuning

USD: Account No. 117 766 133

Swift code: BNINI DJADPS

Contact Bumi Sehat Foundation:

We are in Nyuh Kuning Village, South of the Monkey Forest.

Post: PO Box 116 - Ubud, Bali 80571 Indonesia

Phone: +62 361 970 002 | **Fax:** +62 361 972 969

Email: info@bumisehatbali.org

iburobin@bumisehatbali.org

"Peace between humans and nature will be attained when we learn to live simply." ~ Alexander Langer



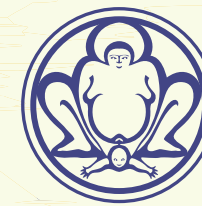
Our Mission

Bumi Sehat was founded in 1995. It is a not-for-profit organization of committed families, midwives, doctors, nurses, teachers, staff and volunteers from many countries. We advocate for marginalised, displaced, low-income people from all faiths and cultures. Our programs initially developed in Bali and have expanded to Aceh and Haiti.

The vision of Bumi Sehat (which means, "Healthy Mother Earth") is based on a foundation of three very simple principals; respect for Nature, respect for Culture and the wise implementation of the Science of Medicine. We are best able to support a patient who is ailing or a woman on her journey, as she navigates through the waters of pregnancy, labor, birth, and postpartum, if we embrace all three aspects of healing medicine. **We believe that improved community health is a cornerstone in the building of world peace.**

Our Principles

- Working hand-in-hand with the communities we serve
- Providing care with respect and dignity for our patients
- Prioritizing natural and safe, culturally appropriate medical protocols
- Building world peace, one baby, one mother, one father, one youth, one elder, one family, at a time



Bumi Sehat foundation



"Never Doubt that a small group of thoughtful committed citizens can change the world; indeed, it's the only thing that ever has."

~ Margaret Mead

bumisehatbali.org

Our Focus

Maternal and child survival has been the foundation of Bumi Sehat since our beginning. Over the years, programs have expanded to include:

- Community health development
- Education opportunities for a more hopeful future
- Building local capacity to serve the villages
- Supporting the human right to wellness and health
- Disaster preparedness, response, relief and recovery
- Village-based recycling, environmental support and education



The Context

Our programs are designed to relieve suffering in the context of:

Poor nutrition: Newer high-yield varieties of rice lack essential nutrients causing malnutrition, profoundly

affecting mothers and babies. Poor nutrition may lead to life threatening postpartum hemorrhage. Babies malnourished while developing are at risk for low birth weight, which increases the rate of infant mortality and causes a cascade of ill effects and impaired quality of life.

Economics: Indonesia's economy has spiralled downward due to disasters i.e., terrorist bombings, tsunamis, volcanic eruptions, floods, earthquakes. This strife is worsening as a result of the global economic crisis.

Disasters: These destroy infrastructure, leaving the survivors grieving, often homeless and jobless, sick and injured.



Our Programs in Bali

Midwifery: Our midwives are skilled at prenatal care, and use culturally appropriate gentle birthing techniques intended to ease pain, reduce cesarean rates and to improve the health of our moms & babies. We focus on natural methods of reducing pregnancy risks. We offer water birth, delay the cutting of babies' umbilical cords, and support secure breastfeeding and postpartum care.



General Health Services: Our response is two-fold, physical and financial:

Services have continued to expand to meet the needs of our patients. We run daily clinics including, pediatric, general medicine, reiki, stress relief via meditation. HIV/AIDS prevention. Included in this is around-the-clock emergency care and free ambulance service.

Bumi Sehat runs on a donation basis, we believe that financial challenges should not affect people's ability to access good medical care. All our in-house services are provided regardless of the ability to pay. In extraordinary cases, we will also pay for a patient's care at an outside facility if they are unable to do so.

Community Outreach: In coordination with communities we have developed a number of programs, including recycling, environmental preservation & health education.

Capacity Building & Education: We are working to train the next generation of teachers, midwives and nurses, to understand the principles and advantages of healing in concordance with culture, science and nature. We sponsor and support our students in obtaining educational degrees with an eye on a brighter future for Indonesia, and peace in the world.

Bumi Youth Center offers free English language, music, art, and computer classes, thus building ability to access wider job opportunities while inspiring creative intelligence.



Aceh Clinic Following the tsunami in 2004, we established a clinic that now offers full maternal care, working closely with dukun bayi, the traditional birth attendants of the region. We also provide services such as family health, emergency care and in-patient services, in addition to community, environmental and educational programs. All of these are provided free of charge.

Haiti Clinic Following the devastating earthquake of January 12th 2010 in Haiti, Bumi Sehat made the decision to respond. Based on our experience as an early responder to many Asian disasters, our partners in Haiti felt confident that we could be of profound help. There is now a Bumi Sehat Maternal & Child survival clinic in Jacmel, Haiti.

